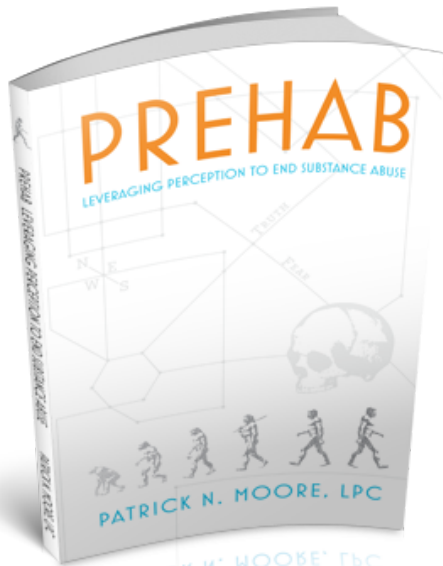




DUNCAN PARK PRESS LLC

# PREHAB IS THE NEW REHAB



Prehab is the first education program to:

1. Leverage Perception
2. Measure Change and Development
3. Promote Autonomy

One Presentation; Three Objectives:

1. Educate the Low Risk
2. Intervene on the High Risk
3. Reduce Resistance for Change

Students Discover:

1. Direction of Risk
2. Velocity of Risk
3. Magnitude of Risk
4. Affective Risk Response Type

**Prehab is based on the following discovery:** *Substance Use Disorders do not delay development; they are the result of development.*

Students develop in one of two ways at the level of perception risk factors. The Prehab method allows students to understand which they are as well as others; before tragic consequence or further progression.

Prehab corrects two failures: Prevention education was based on symptoms rather than educational principles. All Alcohol and Other Drug (AOD) assessments are based on behavior; necessary for treatment, too late for prevention education.

Preview Prehab at: [www.duncanparkpress.com](http://www.duncanparkpress.com) or <https://dpplc.pressbooks.com/>

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Duncan Park Press / 678-613-1122 / [pnm867@gmail.com](mailto:pnm867@gmail.com)

## **Prehab is a measurable empowerment model that answers these questions.**

### **Why do substance use disorders continue?**

Drugs are not the problem. Humans are brilliant perceivers, not always good interpreters. This affective response system ensured survival in caveman days. Times have changed.

### **Who is at risk?**

Everyone. Most people develop by trial and error; the most costly method. Everyone pays.

### **What to do?**

Educate. Learn perception risk factors. Assess risk levels in terms of perception and judgment. Use perception in service of judgment.

### **How?**

Examine both risk and benefit. Identify low benefit perception risk factors. Relocate low benefit perception risk factors.

The parts of perception we control are known. Leveraging these factors empowers development. We cannot change perception risk factors. We can change how we use them anytime we want.

### **Result?**

Autonomy and high benefit lifestyle regardless of circumstances.

Research from over 5000 college students included.

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